The Positive Family Support program (PFS) is an evidence-based, school intervention system with universal, selected, and individualized components that builds positive home to school connections. Positive Family Support promotes a school culture that increases family-school engagement and positive working relationships between caregivers and schools resulting in improved student outcomes.

The design of PFS enhances schools' current Multi-Tiered System of Supports (MTSS), such as Positive Behavioral Interventions and Support (PBIS) and Response to Intervention (RtI), by adding a family component at each level of support. At the Individualized level, PFS includes an adaptation of the evidence-based Family Check-Up intervention and Everyday Parenting for implementation in schools.

**Trauma Informed Approaches:** PFS also includes the following components of trauma-informed school practices: creating a safe and supportive environment; school-based and home-based screening to assess needs; connection and collaboration with students and families; enhancing child and family well-being and resilience; supporting and promoting positive and stable relationships with children and families; teamwork and shared responsibility for all students; and ensuring families have access to resources and opportunities.

**Tier 3 Individualized Family Support**
Involves intensive family support using the School-Based Family Check-Up family assessment, feedback, and follow-up support services for students and families with the highest needs.

**Tier 2 Selected Family Support**
Involves providing support and interventions to youth and families exposed to several risk factors that are associated with youth problem behaviors and enhancing parent engagement in these interventions and supports. Interventions include specialized modules for family support of student’s attendance, behavior, and homework success.

**Tier 1 Universal Family Support**
Involves creating an in-school “Family Resource Center”, training and support for school staff to provide parenting information to families, positive family outreach to form stronger home-school relationships, and a parent and teacher screening system to identify those who need support.
Positive Family Support Training

PFS Consultants come to you and conduct workshops at a location of your choice. Attendees at training workshops can be from multiple school sites.

Comprehensive training package:

- One On-Line School Readiness Assessment and Report
- One Pre-Implementation Planning Workshop (1-2 hours; remote or in-person)**
- One On-Site Tier 1 Workshop – Universal Level Support (Up to 50 participants, 4 Hours)**
- One On-Site Tier 2 Workshop – Selected Level Support (Up to 20 participants, 4 Hours)**
- One On-Site Tier 3 Workshop – Individualized Level Support (Up to 10 participants, 8 Hours)**
- PFS manuals for Tier 3 workshop participants
- Up to 15 hours of planning & implementation support consultation (remote via teleconference)
- Access to PFS online resources/materials for one year (includes 4 assessments and data summary reports† for one site)
  - worksheets for school staff and families, tools that can be used for repeated measurement, parenting videos, parenting brochures, family questionnaire and feedback forms
  - parenting materials are available in English and Spanish (worksheets, brochures, assessments)

†2 Parent Screener and 2 Teacher Screener Reports

Stand-Alone Tier 3 – Individualized Level PFS Support Training:

- One On-Site Tier 3 Workshop – Individualized Level Support (Up to 10 participants, 8 Hours)**
  - School-Based Family Check-Up and Everyday Parenting
- PFS manuals for Tier 3 workshop participants
- Access to PFS online resources/materials for one year (see above description)

Additional Services Available:

- e-Learning Everyday Parenting Program
- Additional Participants at Tier 1 or Tier 2 Trainings
- Additional Participants at Tier 3 Training
- On-Line School Readiness Assessment and Report
- Pre-Implementation Planning Workshop
- 5 hours of additional Planning and Implementation Support Consultation
- One year access to PFS online resources/materials (see above description)
- Staff Satisfaction Survey and Report
- Stand-alone workshops (e.g. PFS Overview, Tier 1, Tier 2)

Contact the REACH Institute to discuss the best training option and services for your school

Phone: 480-965-7420 Website: https://reachinstitute.asu.edu/programs/positivefamilysupport