

I DON'T KNOW HOW TO ADDRESS WORRIES ABOUT MY CHILD'S SAFETY AT SCHOOL

Webinar Tip Sheet

BUILD RELATIONSHIPS WITH THOSE INVOLVED AT YOUR CHILD'S SCHOOL

Forming relationships with teachers, principals, superintendents, and first responders allows you to build connections and creates an environment where you feel more comfortable voicing concerns.



ALLOW YOUR CHILD TO BE A PART OF SAFETY CONVERSATIONS WITH THEIR SCHOOL

Allow children to be engaged in age-appropriate conversations about safety with their school. Allowing them to be a part of these conversations helps to show the child that their safety is the first priority and allows for parents and school staff to see other perspectives.



ASK QUESTIONS ABOUT SAFETY POLICIES & PROCEDURES IN PLACE

Ask questions about what safety policies and procedures your child's school has in place. Help your child feel comfortable reaching out to their teacher and other school staff. Doing so will help them to feel like they are a part of a community and will give them an outlet to express their feelings.



HELP YOUR CHILD UNDERSTAND AND COPE WITH ACTIVE SHOOTER DRILLS

First recognize and respond to your own anxiety. That will help you put your own worries aside and be available to your child when you are having that hard conversation with them. If your school is having a drill, explain it in an age-appropriate way, the same way you would explain a fire drill. It is very unlikely that a fire will happen, but we want to be ready just in case. Listen to your child's concerns and validate them.

