

# I DON'T KNOW HOW TO TALK TO MY CHILD ABOUT BEING SAFE ONLINE

## RESOURCE GUIDE

[REPLAY LINK](#)

### Exploitation & Trafficking Resources

Love 146: <https://love146.org/>

Take it Down : <https://takeitdown.ncmec.org/>

### Online Safety Education

NetSmartz: [bit.ly/3zGMcWa](http://bit.ly/3zGMcWa)

Wait Until 8th: <https://www.waituntil8th.org/why-wait>

Social Media Dangers Documentary: [bit.ly/3Nbell0](http://bit.ly/3Nbell0)

### Identify Signs of Distress

Signs of Social Media Stress: [bit.ly/3U3p3fm](http://bit.ly/3U3p3fm)

Sextortion Laws & Resources: <https://www.bark.us/blog/sextortion-laws/>

Understanding potential risks: Childhood 2.0 Documentary: [bit.ly/3UjbyAR](http://bit.ly/3UjbyAR)

### Support

Suicide Prevention: [bit.ly/3U0ahNJ](http://bit.ly/3U0ahNJ)

Eating Disorder Healing: <https://www.theprojectheal.org/>

See fewer weight loss and dating ads on Google: [bit.ly/3U4umCu](http://bit.ly/3U4umCu)

988 Suicide and Crisis Lifeline - Call 988

Share text crisis line with teens: <https://www.crisistextline.org/>

### Offline Resources

Glow Kids: How Screen Addiction Is Hijacking Our Kids - and How to Break the Trance by Nicholas Kardaras

The Self-Driven Child: The Science and Sense of Giving Your Kids More Control Over Their Lives by Dr. William Stixrud

How To Raise A Boy: The Power of Connection to Build Good Men Paperback by Michael C. Reichert

Saving Our Sons: A New Path for Raising Healthy and Resilient Boys by Dr. Michael Gurian