

TIPS FOR PARENTS ON HELPING YOUR CHILD HEAL AFTER A HURRICANE (SAFETY)

[After the Hurricane: Helping Young Children Heal](#)

[Parent Guidelines for Helping Children after a Hurricane](#)

[Teacher Guidelines for Helping Students after a Hurricane](#)

[College Students Coping after a Hurricane](#)

[Tips for Parents on Media Coverage of the Hurricanes](#)

Disaster Helpline

SAMHSA has a [Disaster Distress Helpline](#)
call or text 1-800-985-5990

**to be connected to a trained counselor
24/7/365**

[\(for Spanish, press “2”\)](#)

Resources provided by

NCTSN  The National Child
Traumatic Stress Network

ASU REACH
Institute
Arizona State University
Center for Resilient Families